



March 2017 Volume 3

UPCOMING EVENTS AT EDMONDS

LODGE (unless otherwise noted)

Board meetings will be held at Trinity Lutheran Church

1st -Board Meeting; 6:30pm
(anyone from the lodge is invited to attend a board meeting)

8th Lodge Meeting - St Patrick's Day and Sports Medal Awards
4:30 – Cultural Skills, Music level 3
6:00 - Corned Beef and Cabbage
7:00 – Norma Jean Sands - Sami Culture

For Upcoming Events, contact
Melissa Johnson at 425-672-1272
missyinedmonds@outlook.com

Visit our website at
www.EdmondsSonsofNorway.weebly.com
and our Facebook page – Edmonds Lodge SON for more information on activities in our area



**Edmonds Sons of Norway
Lodge 2-130**

**Meeting Place: Edmonds Masonic Center, 515 Dayton Street,
Edmonds, WA 98020**

Hi everyone! Wow our pancake breakfast is this Saturday March 4th 7:30 to 12 noon. Be there with your smiles, crafts, knitting, and baked items for our bake sale. I am looking forward to this scholarship fundraising event. Hope you can come cook, serve, help or bring friends to eat! Kitchen cooks can renew their food server's card by going to www.foodworkercard.wa.gov. Thanks for your help!

Let's welcome in Spring with our friends from Bothell Lodge at our annual Corn Beef and Cabbage dinner March 8th. Live music and cultural class 4:30 to 6. Dinner served at 6. The suspense is building to see who will win the coveted 'Uff Da' Trophy! This will go to the group with the most cultural and sports metals. We will have a drawing for some Irish door prizes and along with our membership drawing. We have six new members and want to welcome more. So invite your friends and family to our events. In April we plan to have a membership drive breakfast. Be thinking of whom you can bring. Some fun doings coming up: March 11, Bothell Lodge Heritage Day 10am to 3pm. March 18, Abel Lodge in Conway reached out to our members to join them for a friendship dinner.

I am looking forward to seeing you all real soon!
Fraternally yours, Sandra Ferchen



SAVING – SAVING – SAVING – That’s what we do best at SONS OF NORWAY. Wouldn’t it be nice to insure your family, preserve your estate, or reduce your taxes? We have it all through your Financial Counselor, Jerry Label. Is there a cost for a review? Answer: YES! “A CUP OF COFFEE.” Please call Jerry Label at (425) 640-9830 and get your finances in order.

Welcome New Members

**Bernice Andersen
&
Heinrich Goldbach**



Sunshine Report

Cheer! When a member needs some cheer

Please contact Cheer Volunteer
Vicki Nelson 425-218-4447

THANK YOU for giving our membership a smile!



**We continue to send well wishes and prayers
to Lorna Turcott**

PANCAKE BREAKFAST

March 4th, our next Pancake Breakfast is almost here. We will have to set up the best we can Saturday morning March 4th. Those of you that can come early (from 6-7 a.m. on Saturday for setting tables) please let me know. We certainly could use some extra volunteers who have not helped yet. This is a great way to get to know your fellow members. Please feel free to come and help. My number is 425-882-2212.

Kitchen help, pancake makers, pancake rollers, and pancake batter makers, greeters and anyone willing to help on the floor with setting up or clean up. Third (3rd) shift from approximately 1145 to 2pm, CLEANUP crew. If we had this 3rd shift, it would be a blessing. Thank you in advance.

Don't wait for me to call, leave a message on my phone if we don't answer. Start times for pancake makers 5:30 a.m. and 9. For table setters and cleanup, 7 until 10, 10 to 1 and some 1145 to approximately 2. We always have fun serving our community so please consider volunteering your time.

I would love to have a volunteer to help me with arranging the cleanup crew. Our wonderful Harold Andersen passed away and he was the leader of the cleanup crew. Please call me and volunteer.

Thank you in advance, I look forward to hearing from you.

Jane Bueing, 425-882-2212



Position/Name & Contact #

President Sandra Ferchen	(425) 275-7114
Vice President Norma Jean Sands	(206) 524-6020
Treasurer Vicki Nelson	(425) 218-4447
Secretary April Mills	(425) 778-1665
Fin. Secretary Loren Krusenstjerna	(425) 775-1710
Financial Benefits Jerry Label	(425) 640-9830
Counselor Waldo Bueing,	(425) 882-2212
Social Director Eli Krusenstjerna	(425) 775-1710
Marshal Tristan Haije	(425) 778-1665
Marshall Al Berg	(425) 743-2261
Cultural Director Roberta Morrow	(425) 743-7836
Asst.Cult. Director Yvonne Heindel	(425) 918-1929
Sports Director Harry Malnes	(425) 743-1660
Greeters (alternating)	All board mem.
Youth Director/Framtid	Vacant
Trustee Harold Setran	(425) 778-2009
Trustee Bob Turcott	(425) 308 5265
Trustee Jane Bueing	(425) 882-2212
Musician Sonja Berg	(425) 743-2261
Asst. Musician Philip & Birgit Ages	(206) 368-9720
Found. Director Roberta Morrow	(425) 743-7836
Librarian Fay Setran	(425) 778-2009
Historian	
Information Erlene Stevenson	(425) 712-9788
Sunshine	(425)
Newsletter Editor Melissa Johnson	(425) 672-1272
Publicity Director Gordon Mills	(425) 778-1665
Publicity Director Lisa Palmatier	(206) 546-1588
Web Master Melissa Johnson	(425) 672-1272
Building Liaison Gerald Graham	(206) 542-4587
Scholarship Chairman	
Décor Support Margaret Berghuis	(206) 546-2674

Tastes of Norway/Norwegian Cultural and Heritage Day, March 18th 10-3:30 at Leif Erikson Hall

A fun day of speakers, crafts demonstrations and food.

Leif to Leif Fun Run/Walk, March 18, 9AM registration starts at 8AM; Starting and ending at Leif Erikson Hall by the Leif Erikson bust going to Shilshole Bay to the Leif Erikson Statue and returning to the lodge.

www.LeifEriksonLodge.com for registration forms. You will receive a Norwegian flag and a waffle for participating! Proceeds will be shared with the Ballard Senior Center. Awards at 10:15AM

An Evening of Jazz featuring the Overton Berry Ensemble

Friday, March 24; 6:00-10:00PM

Leif Erikson Hall
2245 NW 57th Street
Seattle WA 98107
206-783-1274, Tickets \$10:00 in advance or at the door.

ONGOING EVENTS:

Folkdance Society – 1st & 3rd Fridays
Cedar Valley Grange Hall, Lynnwood
Call (206) 784-7470 for more information

Daughters of Norway have many ongoing events at www.daughtersofnorway.org/events.html

Nordic Heritage Museum – Check out the new exhibitions plus concerts and classes at (206) 789-5707

Scandinavian Language Institute – For info about classes, call Ed Egerdahl at (425)771-5203 www.sliseattle.com/home

Seattle’s Swedish Cultural Center- has ongoing activities (206) 283-1090

Skandia Folkdance – www.skandia-folkdance.org
(425) 954-5262

Folkvoice Band – www.folkvoiceband.com

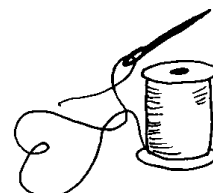
Northwest Accordion Society News – www.nwasnews.com

Western Rosmalers – www.westernrosmalers.com

Culture and Craft Corner

This month Yvonne and I will be helping folks with the last level of the Music cultural skill, which is focused on Norwegian contemporary music. This includes pop stars as well as contemporary artists of voice and instrument as well as choral groups such as the St. Olaf Choir. Come listen to some nice music and earn an award at the same time.

Next we will begin working on Hardanger embroidery. Be thinking about joining us for this series of instructions! Roberta Morrow



Happy Birthday! Gratulerer Med Dagen
Help us celebrate our members born in March



- | | |
|---------------------|---------------------|
| 3 David Berg | 18 Hailey Rehnfeldt |
| 5 Yvonne Heindel | Vernon Wilson |
| 7 Siri Siqveland | 22 Sonja Adams |
| 8 Richard Aspen | Nolan Stevenson |
| Luann Majeed | 23 Marvin Bueing |
| Stacy Silva | 29 Vicki Cook |
| 11 Bruce Olson | 30 Jon Adams |
| 12 Donald Thompson | Janis Neill |
| 13 Brandon Tomchik | Ashley Marie Pete |
| 14 Berit Brevik | 31 William Wilson |
| 17 Bernice Andersen | |

FOOD DISTRIBUTION SUMMARY

Summary Statistics for January 2017

Number of Households Served	1,623
Number of Individuals Served	5,507
Number of Meals Provided	49,563

Kjare alt:

We served 5 weeks during this month of January. Our client numbers remain steady; we were expecting an increase towards the end of the month but perhaps some people found jobs – or perhaps people were struck with the seasonal illnesses. We have several new volunteers who have joined our team as well.

We appreciate the financial support of the Sons of Norway and the labor of many of your members—you make a big difference in the lives of the less fortunate.

Mange takk,

Alison Cook, Director

CAROL ROWE EDMONDS FOOD BANK

Please remember to bring grocery sacks, plastic bags and clean egg cartons to a lodge meeting; the food bank can use all of these items to pack up groceries for the families.

Giving back to our community

We continue to collect personal care items for **Pathways for Women in Lynnwood.**

Don't forget to bring in your **Box Tops and **Labels for Education**. We are supporting Beverly Elementary and Spruce Elementary in this endeavor.**

We are also collecting Stamps for Tubfrim.

Sons of Norway Scholarships

Camp Normanna, Camp Nidaros, Camp Trollhaugen, Douglas Warne Vocational Scholarship, Queen and Princess Scholarship Program, Youth Camp Instructor/Counselor Scholarship, Youth Leadership Award. **All** applications, supporting documents, and recommendations must be **RECEIVED** by March 31, 2017, at Leif Erikson Lodge. Applications are available at Leif Erikson Hall, 2245 NW 57th Street, Seattle WA 98107. You may call 206-783-1274 or email LeifEriksonLodge@qwestoffice.net

If you have any questions, contact: Heidi Ludeman (Larsen), 360-927-1194 or heidi.ludeman@gmail.com or David Champion, 503-775-1380, norseherodotus@hotmail.com

All of the scholarship details are listed on our website as well. www.edmondssonsofnorway.weebly.com

Meet our Lodge Queen

Hi! I am Katie Nicodemus! I have enjoyed being Edmonds Sons of Norway Queen. I am a sophomore in high school and have a 13 year old brother Levi who is fun! My pet rabbit is named Dolly. Our whole family enjoys her. I dog sit for my cousin's pup Calena a black Lab mix. I went to Arizona several times to ride horses and my parents gave me my own saddle. Last summer I went to Camp Moran, a Washington Conservation Camp, in the San Juan Islands and had loads of fun! I also enjoy fun times salmon fishing with my dad and grandpa in Puget Sound. I will be serving at the March 4th Pancake Breakfast with my granny and cousins. Hope to see you there!



2017 Syttende Mai pins are on sale for \$5.00 each. They are available from Vicki Nelson who will have them at the meetings in February through May. The sale of these pins will be used to help cover the costs of the Syttende Mai celebrations in Ballard (Seattle). The heart shape symbolizes the love Norwegians have for Norway. The crown represents the respect they have for their King and Queen. Red, white and blue are the colors of the flag.

Sandwich Anyone?

Gourmet Deluxe Open Face Sandwich Making Workshop on Saturday, March 4th, 2017 at Leif Erickson Lodge at 10:00 am to 2:00 pm. Bjorn Ruud from Scandinavian Specialties will teach this fine culinary art. The cost is \$20.00 with the proceeds being given to the Leif Erickson Building Association. Come and enjoy a luncheon of your own creation and meet other happy sandwich makers. If you have any questions, contact Lee Ehrheart at (206) 789- 7043 or Vicki Nelson at (425) 218-4447.

+++++



Please think about joining the Scholarship Committee for Edmonds Lodge. It is rewarding to be on this committee and be able to award a scholarship to a qualified student. The committee meets once a year in May and requires very little volunteer time.

The deadline for turning in Edmonds Lodge scholarship applications is April 1. If you are applying, please read the application form carefully, you receive points for all of the completed requirements.

Donations to our scholarship fund in the memory of a loved one is greatly appreciated.

Recipe Corner

With this dreary Pacific NW weather hopefully coming to an end for spring and summer, nothing says summer quite like rhubarb. You can add this dessert to your summer gatherings and I think it will be a hit.

Swedish Rhubarb Cream/ Rabarberkräm

4-6 servings

4 cups rhubarb, peeled and cut into 1 ½ pieces
2 cups water
¼ cup sugar
3 tablespoons cornstarch
3 tablespoons water

In a large saucepan, combine rhubarb and water; cook over medium heat until tender. Stir in sugar, add more if desired to taste. Blend cornstarch and water into a smooth paste. Add cornstarch to fruit stirring constantly. Bring mixture to a boil; cook for 3 minutes; cool. Chill well before serving.

